

Diabetes Academy

is Now in Session



Diabetes Academy is a free class given by a Novo Nordisk Diabetes Educator to help you learn about managing diabetes.

Curriculum includes:

Diabetes Management

- **Diabetes 101** – covers basic diabetes information and terminology
- **Staying Healthy** – provides convenient tips for eating healthy and staying active

Novo Nordisk Diabetes Products

- **Diabetes Medication** – reviews the basics about insulin and GLP-1 agonists and demonstrates how to use Novo Nordisk devices

We look forward to seeing you!

Please join our next class...

Day: (S) (M) (T) (W) (T) (●) (S)

Date: 1st + 3rd Friday

Time: of month 9:00 am/pm

Location: Dr. Moosa - Toledo

Class Schedule:

Oct. 21

Nov. 4 + 18

Dec. 2 + 16



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the **Diabetes Education Program**